NOVEX®

Patient Quick Start Guide

Welcome! This guide will help you get started with NOVEX and make your treatment as smooth as possible.

Getting Started with NOVEX

NOVEX is a once-weekly injection that helps control blood sugar in adults with type 2 diabetes. It works by mimicking a natural hormone called GLP-1 that helps your body regulate blood sugar.

Your Dosing Schedule

Your doctor will start you on a low dose and gradually increase it:

- Weeks 1-4: 0.25 mg once weekly (starting dose)

- Weeks 5-8: 0.5 mg once weekly

- Week 9+: 1 mg, 1.5 mg, or 2 mg once weekly (as prescribed)

How to Give Your Injection

Step 1: Choose your injection site
You can inject NOVEX in your abdomen (stomach area), thigh, or upper arm. Rotate your injection sites each week to help prevent skin reactions.

Step 2: Prepare the pen
• Check the label to make sure you have the correct dose • Check the medicine through the pen window - it should be clear and colorless • Attach a new needle and remove both caps

Step 3: Give the injection
• Clean the injection site with an alcohol swab • Insert the needle at a 90-degree angle • Press the injection button and hold for 10 seconds • Remove the needle and dispose of it safely

Managing Common Side Effects

Some people experience nausea, especially when starting NOVEX. Here are tips to help:

- Eat smaller, more frequent meals

- Avoid fatty, greasy, or spicy foods

- Stay hydrated - drink plenty of water

- Eat slowly and stop eating when you feel full

These side effects usually improve after a few weeks as your body adjusts to the medication.

Storing Your NOVEX

Before first use: Keep your NOVEX pen in the refrigerator (36°F to 46°F). Do not freeze.

After first use: You can store the pen at room temperature (below 86°F) or in the refrigerator. Use within 56 days of first use. Keep the cap on when not in use to protect from light.

Questions? We're Here to Help

Patient Support: 1-888-NOVEX-RX Available Monday-Friday, 8am-8pm ET